

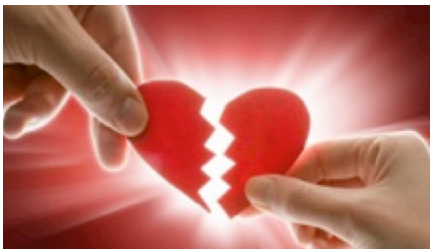


Presents

How Divorced Parents Can Cooperatively Raise Their Children Unifying Your Divorced Family

Divorced parents often feel inadequate or guilty about their ability to create two wholesome homes because of their different beliefs and behaviors. This workshop will show parents how to set aside their painful emotions and effectively combine their conflicting values so they raise happy children and enjoy respectful households.

While successful divorced co-parenting may seemingly be impossible, it can actually be done! Mark and Suzanne, divorced 25 years, have been helping divided parents remove their barriers and restore family integrity.



Turn Sorrow into Solutions by:

- * Releasing obstacles that block family unity
- * Providing your children what they really need
- * Using simple methods that promote collaboration
- * Teaching children how to benefit from this experience

Date: Wednesday, October 12th, 2011
Time: 7:00pm – 9:00pm
Location: Unity In Marin
600 Palm Drive, Hamilton Center, Novato, CA 94949
Donation: \$10 (no one will be turned away for lack of funds)
More Information: Contact Pat Palmer at (415) 305-4250

Both parents need not attend

You will come away with techniques you can use to work with your former spouse.



Suzanne Alfandari, MS, MFT, has been practicing psychotherapy in San Rafael since 1995. She specializes in treating the challenges of families with adult children, life transitions coupled with symptoms of depression and anxiety, and the emotional effects of trauma that often affect the body. She is a certified EFT practitioner which, when combined with talk therapy, removes energy blockages that obstruct emotional healing.



Dr. Mark Schillinger, DC is an authority on personal growth and family dynamics. In addition to treating chiropractic patients in San Rafael, he is a parenting coach, co-founder of the non-profit, Young Men's Ultimate Weekend (www.ymuw.org) and a published writer on articles related to family unity, mentoring and adolescent male initiation. His workshop, The Ultimate Parenting Weekend, helps parents lead their children into lives grounded with self respect, motivation and success.

Endorsed by the non-profit, Young Men's Ultimate Weekend (ymuw.org)