



**The RIGHT Way**<sup>®</sup>  
Respect Intelligence Grace Humor True

# The Ultimate Parenting Weekend™

Endorsed by the non-profit Young Men's Ultimate Weekend

Today's fast paced world, combined with unhealthy multimedia messages and digital dominance, confuses children's minds about what is important for personal well being. Additionally, parents feel disheartened when they give up their journey of personal growth and spiritual transformation in order to meet the demanding responsibilities of family life.

Using the proven RIGHT Way® method, parents will learn how to remain true to their authentic virtues and values by cultivating wholesome personal and family habits. Additionally, they will know how to lead their children into lives grounded with self-respect, motivation, happiness and success. This change leading program focuses on the wisdom and leadership of the parents, not on unfounded parenting theories, unattainable expectations or unnatural manipulation of the children.

Dr. Schillinger, Zoe Fry and their team of family educators will show you how to:

- \* Use a simple communication process that promotes real connection
- \* Allow everyone to safely release anger to quickly reduce tension
- \* Prevent power struggles & promote cooperation
- \* Handle tough teenage issues like drugs, sex, homework, disrespect & disinterest
- \* Use positive psychology to nurture your children
- \* Strengthen family bonds even with divorce & death
- \* Minimize lying & maximize honesty
- \* Apply effective consequences that support your household values
- \* Harness 3 forces that keep a family together: authority, influence and power
- \* Teach your children how to manage time and achieve their goals

*"Your parenting content is amazing. You were sincere, caring and non-judging. I learned so much from you." D.B.*

*"Thank heavens somebody has finally put this helpful workshop into place. I am deeply grateful" A.S.*

*"Dr. Schillinger taught me how to build a value system and implement it into my family. This weekend was a great experience." H.B.*



**WHEN:** Sat. Aug. 13th: 9am - 8pm & Sun. Aug. 14th: 9am - 2pm

**WHERE:** Hilton Hotel, 6001 La Madrona Drive Santa Cruz, CA, 95060  
*There will be an optional Yoga & Meditation class Saturday 8am - 8:45am.*

**REGISTRATION & CONTACT:** Pre-registration is required  
Contact Katy Litwack at (415) 491-0959 ymuwmarin@gmail.com

**TUITION:** \$200, \$300/couple (can be a spouse, friend or stranger)  
Includes 2 follow up 1-hour phone calls  
*Payment plans are available, Contact Katy for more information*

**PREVIEW CONFERENCE CALL:** Monday August 1; 8pm - 9pm  
Call info: (605) 477-2100 access code: 564523 # (Free)

YMUW: Strengthening Families and Building Healthy Communities

1050 Northgate Dr. Ste. 1, San Rafael, CA 94903 (800) 719-9302 mark@markschillinger.com www.YMUW.org