

**SCHILLINGER CHIROPRACTIC GROUP**

119 A Paul Drive  
San Rafael, CA 94903  
(415) 491-0959

Driver's License \_\_\_\_\_

**CONFIDENTIAL PATIENT CASE HISTORY**

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_  
Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Soc. Sec. No. \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Marital Status S M W D

Occupation \_\_\_\_\_ Employer \_\_\_\_\_ Work Phone ( \_\_\_\_\_ ) \_\_\_\_\_

How many children? \_\_\_\_\_ Names (ages) \_\_\_\_\_

Name of Spouse \_\_\_\_\_ Spouse's Occupation \_\_\_\_\_

Spouse's Employer \_\_\_\_\_ Spouse's Work Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Name of Emergency Contact \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Was your condition caused by: ☐ Auto Accident ☐ Work Injury ☐ Other \_\_\_\_\_

Whom may we thank for referring you to our office? \_\_\_\_\_

General Insurance: Name of Group/Individual Health Insurance: Please give us your card for copying.

**Personal Injury:**

Insurance carrier of the vehicle you were in \_\_\_\_\_ Policy No. \_\_\_\_\_

Does policy have med pay? \_\_\_\_\_ Policy Limits \_\_\_\_\_

Claim Number \_\_\_\_\_ Agent's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Insurance carrier of the other vehicle \_\_\_\_\_ Policy No. \_\_\_\_\_

Agent's Name \_\_\_\_\_ Phone No. \_\_\_\_\_ Claim No. \_\_\_\_\_

Your group/individual health insurance name \_\_\_\_\_

Policy Number \_\_\_\_\_ Group Number \_\_\_\_\_ Have you retained an attorney? Yes / No

Attorney's name \_\_\_\_\_ Attorney's phone number \_\_\_\_\_

**PAYMENT IS EXPECTED AT TIME OF VISIT**

I understand and agree that Health and Accident Insurance policies are an arrangement between the insurance carrier and myself. Furthermore, I understand that the Schillinger Chiropractic Group will prepare necessary reports and forms to assist me in making collections from the insurance company and that any amount authorized to be paid directly to Schillinger Chiropractic Group will be credited to my account on receipt. However, I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered to me will be immediately due and payable.

I will be paying for today's services by: ☐ Cash ☐ Check ☐ Visa/MC

Signature \_\_\_\_\_ Today's Date \_\_\_\_\_

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Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Date of Accident \_\_\_\_\_ Time \_\_\_\_\_ A M/PM

Were you: ☐ Driver ☐ Passenger ☐ Front Seat ☐ Back Seat

Number of people in your vehicle \_\_\_\_\_ Number of people in other vehicle \_\_\_\_\_ Number of cars involved \_\_\_\_\_

Location of accident \_\_\_\_\_ Closest bisecting street/town \_\_\_\_\_

Who owns the car? \_\_\_\_\_ Year and model of car \_\_\_\_\_

Visibility at time of accident: ☐ Poor ☐ Fair ☐ Good Other \_\_\_\_\_

Where was the vehicle struck: ☐ Right ☐ Left ☐ Rear ☐ Front ☐ Side ☐ Car rolled over Other \_\_\_\_\_

Type of accident: ☐ Head-on collision ☐ Rear-end collision ☐ Broad-side collision ☐ Front impact (your car rear-ended car in front)

Non-collision (describe) \_\_\_\_\_ Did you see the accident coming? Yes / No

Did you brace for impact? Yes / No Were seat belts worn? Yes / No Approx. how fast was your car moving? \_\_\_\_\_

How fast was other car moving? \_\_\_\_\_ Were you wearing glasses? Yes / No Did they come off due to the accident? Yes / No

Which vehicle is responsible for causing the accident? \_\_\_\_\_ Is there a police report? Yes / No

**POSITION OF BODY AT TIME OF IMPACT:**

☐ Head turned left/right

☐ Body straight in sitting position

☐ Looking back

☐ Body rotated left/right

☐ Head straight

☐ Other \_\_\_\_\_

**HEAD/BODY HIT:**

☐ Windshield ☐ Steering wheel ☐ Ceiling ☐ Headrest ☐ By flying object Other \_\_\_\_\_

**Please describe in your own words what happened to you upon impact. Provide details.** \_\_\_\_\_

\_\_\_\_\_

As a result of the accident were you: ☐ Rendered unconscious ☐ Dazed ☐ Circumstances vague

☐ Other \_\_\_\_\_

Could you move all parts of your body? Yes / No If no, what parts and why? \_\_\_\_\_

Were you able to get out of the vehicle and walk unaided? Yes / No If no, why not? \_\_\_\_\_

Describe which areas of your body were hurt immediately after the accident \_\_\_\_\_

How did you spend the evening of the accident? ☐ Without event ☐ In pain ☐ Restless ☐ Other \_\_\_\_\_

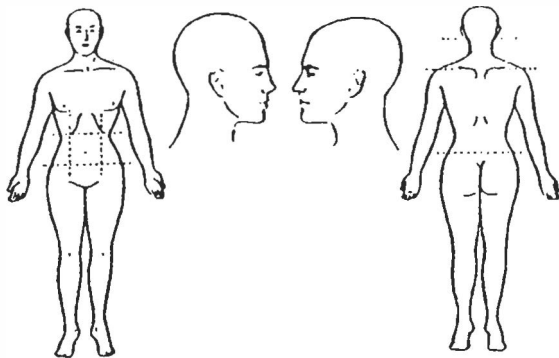
The following day was spend feeling: ☐ Worse ☐ Better ☐ Same ☐ Experiencing relief

Which areas were hurting days after the accident? \_\_\_\_\_

**CHECK SYMPTOMS APPARENT SINCE THE ACCIDENT:**

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Headache                | <input type="checkbox"/> Loss of smell       | <input type="checkbox"/> Numbness in fingers | <input type="checkbox"/> Chest pain        |
| <input type="checkbox"/> Neck pain/stiffness     | <input type="checkbox"/> Loss of taste       | <input type="checkbox"/> Cold hands          | <input type="checkbox"/> Nervousness       |
| <input type="checkbox"/> Mid-back pain           | <input type="checkbox"/> Loss of memory      | <input type="checkbox"/> Cold feet           | <input type="checkbox"/> Cold sweats       |
| <input type="checkbox"/> Low back pain           | <input type="checkbox"/> Fatigue             | <input type="checkbox"/> Diarrhea            | <input type="checkbox"/> Anxious           |
| <input type="checkbox"/> Eyes sensitive          | <input type="checkbox"/> Tension             | <input type="checkbox"/> Constipation        | <input type="checkbox"/> Numbness in toes  |
| <input type="checkbox"/> Pain behind the eyes    | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Irritability        | <input type="checkbox"/> Sleeping problems |
| <input type="checkbox"/> Dizziness               | <input type="checkbox"/> Depression          | <input type="checkbox"/> Fainting            | <input type="checkbox"/> Other _____       |
| <input type="checkbox"/> Ringing/buzzing in ears | <input type="checkbox"/> Loss of balance     |  |  |

Shade area(s) to indicate location of pain or discomfort.



Indicate your ability to perform the following activities as a result of this injury using codes:

N - Normal, L - Limited, D - Difficult, P - Painful, U - Unable

- |   |  |
|---|--|
| <input type="checkbox"/> Walking short distance         | <input type="checkbox"/> Climbing      |
| <input type="checkbox"/> Standing for more than 1 hour  | <input type="checkbox"/> Kneeling      |
| <input type="checkbox"/> Sitting at table               | <input type="checkbox"/> Balancing     |
| <input type="checkbox"/> Lying on back                  | <input type="checkbox"/> Dressing self |
| <input type="checkbox"/> Lying flat on stomach          | <input type="checkbox"/> Sleeping      |
| <input type="checkbox"/> Lying on side with knees bent  | <input type="checkbox"/> Stooping      |
| <input type="checkbox"/> Bending over forward           | <input type="checkbox"/> Gripping      |
| <input type="checkbox"/> Coughing or sneezing           | <input type="checkbox"/> Pushing       |
| <input type="checkbox"/> Getting into or out of car     | <input type="checkbox"/> Pulling       |
| <input type="checkbox"/> Bending forward to brush teeth | <input type="checkbox"/> Reaching      |
| <input type="checkbox"/> Turning over in bed            | <input type="checkbox"/> Sex activity  |

**Check proper square:**

Symptoms are WORSE in ☐ AM, ☐ Mid-day, ☐ PM

Symptoms are BETTER in ☐ AM, ☐ Mid-day, ☐ PM

Did you have any physical complaints BEFORE THE ACCIDENT? Yes/No If yes, describe in detail: \_\_\_\_\_

Do you have any congenital (from birth) factors which relate to this problem? Yes/No If yes, please describe: \_\_\_\_\_

Have you ever been involved in an accident before? (Motor vehicle, slip and fall, work-related, etc.) Yes/No If yes, please describe: including date(s), type(s) of accidents, injury(ies) received, and what health care you received. \_\_\_\_\_

Have you ever had Chiropractic Care? ☐ Yes ☐ No Doctor's Name \_\_\_\_\_

What conditions were treated by the previous Chiropractor? \_\_\_\_\_

Have you been treated for any other health conditions by a physician? ☐ Yes ☐ No

If yes, please describe \_\_\_\_\_

What medications or drugs are you taking (not related to this injury)? \_\_\_\_\_

Date of last physical examination? \_\_\_\_\_

What operations have you had? Please include dates \_\_\_\_\_

Did you seek medical help before coming to this office? Yes/No If yes, how did you get there?

☐ Someone else drove me ☐ Drove myself ☐ Police ☐ Ambulance ☐ Other \_\_\_\_\_

Name of hospitals or clinics where you were treated prior to treatment in our office \_\_\_\_\_

Name of treating doctor(s) \_\_\_\_\_ Were you examined? Yes/No

Were x-rays taken? Yes/No If yes, of what area? \_\_\_\_\_

Were other tests administered (lab, MRI, etc.)? \_\_\_\_\_ What were the results? \_\_\_\_\_

What treatment was given? \_\_\_\_\_

Were you prescribed any drugs or medication? Yes/No If yes, what? \_\_\_\_\_

Did you take them? Yes/No Were they effective? Yes/No

Have you missed any time at work? Yes/No If yes, full time off from \_\_\_\_\_ to \_\_\_\_\_ part time off from \_\_\_\_\_ to \_\_\_\_\_

Have you been able to return to work since? Yes/No

**WORK ACTIVITIES — On the job, I perform the following activities:**

- |                                     |  |
|-------------------------------------|--|
| <input type="checkbox"/> Bend/Stoop | <input type="checkbox"/> Crouch          |
| <input type="checkbox"/> Squat      | <input type="checkbox"/> Kneel           |
| <input type="checkbox"/> Crawl      | <input type="checkbox"/> Balancing       |
| <input type="checkbox"/> Climb      | <input type="checkbox"/> Pushing/Pulling |

Describe any job activities not listed above: \_\_\_\_\_

**On the job, I lift:**

- |  |   |
|--|---|
| <input type="checkbox"/> Up to 10 lbs. | <input type="checkbox"/> 35 to 50 lbs.  |
| <input type="checkbox"/> 11 to 24 lbs. | <input type="checkbox"/> 51 to 74 lbs.  |
| <input type="checkbox"/> 25 to 34 lbs. | <input type="checkbox"/> 75 to 100 lbs. |